

**Journal #5850 from sdc 11.1124**

*It's Veteran's Day; We Thank You*

*Code Talker Memorial*

*Billy Walks About*

*WW1 Indigenous soldier remembered on Remembrance Day | ABC Australia*

*Indian War Campaigns Medal of Honor recipients*

*Austin Orders Review of Wounded Knee Medals*

*SWONAP Veterans*

*National Veterans Small Business Week*

*SCORE Seminar*

*Are you the next Small Business Person of the Year?*

*Dolly Parton's Imagination Library*

*Secrets About Pepsi that will Astonish You*

*Defending this sacred site and Native treaty rights*

*Canada sees 'opportunity' in these mines. Alaskans see a threat*

*Water, water, water*

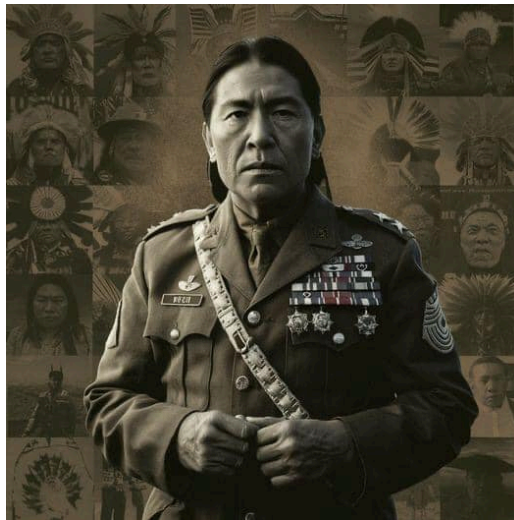
*Career Development Opportunities*





Thank you for your service!

A special thanks to leo.bounds on Instagram for this photo from the Navajo Code Talkers Memorial in Window Rock, Arizona.



#### Indigenous Histories

The warrior you're looking at, is Sergeant , **Billy Walks About**, one of the most decorated Warriors in the Vietnam War. Sergeant walks about was awarded one distinguished service cross, 5 silver stars, 10 bronze Stars, and 6 purple hearts. Native tribes send more of their young men and women into battle more than any other race in the United States.

## [WW1 Indigenous soldier remembered on Remembrance Day | ABC Australia](https://duckduckgo.com/?q=nevada+soldiers+killed+in+WWI&t=newext&atb=v369-1&iax=videos&ia=videos&iai=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DuSuVA992WzA)

[https://duckduckgo.com/?](https://duckduckgo.com/?q=nevada+soldiers+killed+in+WWI&t=newext&atb=v369-1&iax=videos&ia=videos&iai=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DuSuVA992WzA)

[q=nevada+soldiers+killed+in+WWI&t=newext&atb=v369-1&iax=videos&ia=videos&iai=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DuSuVA992WzA](https://duckduckgo.com/?q=nevada+soldiers+killed+in+WWI&t=newext&atb=v369-1&iax=videos&ia=videos&iai=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DuSuVA992WzA)

<https://www.army.mil/medalofhonor/citations3.html>

### [Indian War Campaigns Medal of Honor recipients](https://www.army.mil/medalofhonor/citations3.html)

[Note: This, the last Medal of Honor won in an Indian campaign, was awarded for an action during the uprising of Chippewa Indians, on Lake Leech, northern Minnesota, 5 October 1898.]  
BURKE, PATRICK J.

<https://www.cmoah.org/recipients/lists/native-american-indian-recipients>

### [32 Native/American Indian Medal of Honor Recipients](https://www.cmoah.org/recipients/lists/native-american-indian-recipients)

From the Revolutionary War to the modern-day Wars against Terrorism, the contributions of Native American and American Indian Soldiers, Sailors, Airmen, Marines, and Coast Guard members have been integral to the defense of our country. Below is a list of the one who received the Medal of Honor.

[https://simple.wikipedia.org/wiki/List\\_of\\_Native\\_American\\_Medal\\_of\\_Honor\\_recipients](https://simple.wikipedia.org/wiki/List_of_Native_American_Medal_of_Honor_recipients)

### [List of Native American Medal of Honor recipients](https://simple.wikipedia.org/wiki/List_of_Native_American_Medal_of_Honor_recipients)

The Medal of Honor is bestowed "for conspicuous gallantry and intrepidity at the risk of life, above and beyond the call of duty, in actual combat against an armed enemy force." ... Indian Wars: Republican River, Kansas: July 8, 1869 "Ran out from the command in pursuit of a dismounted Indian; was shot down and badly wounded by a bullet from ...

[https://www.cmoah.org/recipients/page/1?conflicts\[\]=indian-campaigns](https://www.cmoah.org/recipients/page/1?conflicts[]=indian-campaigns)

### [Indian Campaigns Medal of Honor Recipients | Congressional Medal of ...](https://www.cmoah.org/recipients/page/1?conflicts[]=indian-campaigns)

Hershel Woodrow "Woody" Williams. On Feb. 23, 1945, then-Corporal Hershel "Woody" Williams, a Marine Demolition Operator, confronted a series of camouflaged, reinforced concrete pill boxes lining the outskirts of an airfield that U.S. Marines were trying to take on Iwo Jima. Over the course of four hours, armed with a flamethrower and guarded ...

<https://en.wikipedia.org/wiki/>

[Category:American Indian Wars recipients of the Medal of Honor](https://en.wikipedia.org/wiki/Category:American_Indian_Wars_recipients_of_the_Medal_of_Honor)

[Medal of Honor\) Powhatan Henry Clarke. Co-Rux-Te-Chod-Ish. John W. Comfort. John Connor \(Medal of Honor\) Aquilla Coonrod. Michael Corcoran \(Medal of Honor\) Thomas Cruse.](https://en.wikipedia.org/wiki/Category:American_Indian_Wars_recipients_of_the_Medal_of_Honor)

<https://www.cmoah.org/recipients/thomas-powers>

### [Thomas Powers | Indian Campaigns | U.S. Army | Medal of Honor Recipient](https://www.cmoah.org/recipients/thomas-powers)

### [Indian Wars Medal of Honor Recipients - Arlington National Cemetery](https://www.cmoah.org/recipients/thomas-powers)

Indian Wars Medal of Honor Recipients. Click the headstone image or the recipient's name to

learn more about that individual. Recipient. Marker. Albee, George Emerson. 2-850. Baldwin, Frank Dwight. 3-1894. Barnes, Will Croft.

<https://mohmuseum.org> > [conflict](#) > [indian-war-campaigns](#)

### **[Indian War Campaigns Archives - National Medal of Honor Museum](#)**

The National Medal of Honor Museum Foundation is a 501 (c)3 tax-exempt organization and your donation is tax-deductible within the guidelines of U.S. law. To claim a donation as a deduction on your U.S. taxes, please keep your email donation receipt as your official record. We'll send it to you upon successful completion of your donation.

[blog.woundedkneemuseum.org](http://blog.woundedkneemuseum.org) > [p](#) > [rescission-of-medals-of-honor.html](#)

### **[Rescission of Medals of Honor | Wounded Knee Museum Blog](#)**

The diminish the value of the Medal awarded to others for their legitimate sacrifices. Rescind them, and give the Lakota 20 Medals of Honor. Let them do whatever they will with these medals; if they wish to shame and deface them, let them do it, even as these awards shame and deface the sacred honor of the Lakota, the U.S. Army and the Medal.

<https://www.stripes.com> > [history](#) > [2024-07-24](#) > [wounded-knee-medals-honor-native-americans-massacre-14585311.html](#)

### **[Pentagon to review Medals of Honor awarded to soldiers for 1890 Wounded ...](#)**

Jul 24, 2024The bill called for the Medals of Honor awarded to soldiers involved in the 1890 Wounded Knee Massacre to be rescinded. (Stars and Stripes) In the incident, the 7th Cavalry surrounded a group of ...

<https://psmag.com> > [social-justice](#) > [theres-a-growing-push-to-rescind-the-medals-of-honor-awarded-to-the-u-s-soldiers-at-wounded-knee](#)

There's a Growing Push to Rescind the Medals of Honor Awarded to the U ... OJ Semans, co-director of Four Directions voting rights advocacy group and member of the Rosebud Sioux Tribe, has written the Trump administration, and members of the U.S. House of Representatives and Senate, calling for the rescinding of 20 medals of honor issued by the army to the soldiers who on December 29th, 1890, massacred hundreds of ...

<https://apnews.com> > [united-states-government-a23c552c79c1489f8a81ae40d8a92d7f](#)

### **[Lawmakers seek to revoke Wounded Knee medals for US soldiers](#)**

Native American groups have called for years for the Medals of Honor to be rescinded from the soldiers who were at the Wounded Knee massacre. In 1996, GOP Sen. John McCain of Arizona, then chairman of the Senate Committee on Indian Affairs, received a petition to revoke the medals but said in a letter that retroactive judgment of the massacre did not warrant the action.

<https://www.defense.gov> > [News](#) > [News-Stories](#) > [Article](#) > [Article](#) > [3848583](#) > [austin-orders-review-of-wounded-knee-medals](#)

### **[Austin Orders Review of Wounded Knee Medals](#)**

Jul 24, 2024The panel will provide Austin with a recommendation to either retain or rescind each Medal of Honor awarded for actions related to the Wounded Knee engagement, which resulted in the death and ...

With deep appreciation and respect, we honor our SWONAP Native Americans and Military Veterans! Thank you!

• **SWONAP NATIVE AMERICANS**

FLOYD TORTALITA – Pueblo of Acoma

SHANE BEGAY – Navajo Nation

MARIA BOYD – MENOMINEE INDIAN TRIBE  
OF WISCONSIN

JOHN DAVID – Laguna Pueblo & Sicangu  
Lakota

CAT MARK – Navajo Nation

BERNADETTE MCKALE – Santa Clara Pueblo

LISA SMITH – Navajo Nation

TAMMIE MIRABAL – TAOS PUEBLO

DON SAM – WALKER RIVER PAIUTE TRIBE

PRISCILLA TSINIGINE – Navajo Nation

KRYSTAL VALLO – Pueblo of Acoma

**SWONAP Veterans:**

- **Dr. Corinna Stiles – U.S. Army**
- **Vicki VanDreel – U.S. Army**
- **John David – U.S. Army**
- **Bernadette McKale – U.S. Army**
- **Marcella Samuel – U.S. Army/U.S. Air Force**



The banner features a blue background with a white American flag pattern. At the top center is the SBA logo with the text "U.S. Small Business Administration". Below the logo, the text "NATIONAL VETERANS" is written in large, bold, white letters, followed by "Small Business Week" in a smaller, white, sans-serif font. The dates "November 11-15, 2024" are displayed in white. Below the dates, the text "Learn More: sba.gov/nvsbw" is written in white. At the bottom, the text "Strengthening #VetBiz Communities" is written in white. The banner is decorated with several circular inset photos of diverse individuals, including men and women of various ethnicities, some in military uniforms and others in civilian attire, engaged in various activities like working at a computer, using a power tool, or talking on a phone.

[National Veterans Small Business Week](#) is almost here! On November 11 - November 15, SBA and resource partners will host events that highlight resources to help veteran community members start and grow their businesses. [Find events near you.](#) [Learn more](#)



Whether you're a seasoned small business owner or just beginning your entrepreneurial journey, it's important to know how to effectively manage your time in your business.

Join SBA resource partner SCORE for a webinar on [Tuesday, November 12 at 1pm ET](#) and learn time-saving strategies.

[Register now](#)

## 2025 National Small Business Week Awards

Now accepting nominations!



[sba.gov/nsbw](https://sba.gov/nsbw)



Are you the next Small Business Person of the Year?

SBA is currently accepting nominations for the [National Small Business Week](#) awards. For over 60 years, National Small Business Week has recognized the outstanding achievements of America's small businesses for their contributions to their local communities, and to our nation's economy. [Submit your National Small Business Week award nominations](#) by December 5 at 4pm ET. [Learn more](#)

**If you have a child ages 0-5 years old please sign them up for Dolly Parton's imagination library. Each month they send you a free book.**

<https://www.facebook.com/share/r/GZ4qAHiVGHeTUSHX/>

### **Just some clever writing extracted from a longer article:**

It's not easy, having a body. It's basically an entire ecosystem that you've been put in charge of without ever applying for the job. And now you have to [water it every day](#). Not just a little bit, but all the time. [One glass of water](#) and then another and another... and on it goes. Just constantly guzzling liquid as if your life depends on it (which it does).

But how much water is actually enough? Expert recommendations vary, putting it [somewhere between two to three liters](#), or eight glasses per day, depending on your size, the climate, and general activity levels (a marathon runner is going to need more water than somebody—for example, me—who sits at their laptop all day). And water doesn't just keep you alive in a vague sort of way. It regulates your temperature, improves brain function, and [helps with skin health](#). It delivers essential nutrients to your cells and removes harmful toxins and waste. Yes, water really is that girl.

Though most of us know this, a lot of us don't keep track of *exactly* how much we're drinking. It can feel boring drinking water when we could simply mainline a Diet Coke, and who has the time to be constantly getting up to use the bathroom yet again when there are deadlines to meet, and texts to reply to. But are we missing a trick? Could our lives be transformed if we just stuck to the guidelines and upped our water intake? There was only one way to find out. I decided to drink 2.5 liters of water a day for a week to see if it made any difference to my body, mind, and soul at all.

### **Days one to three**

You'd think it would be easy: just drink water. All you have to do is gulp and then refill your glass. And for the first liter of the day, it's fine. It's after the second liter that things get tricky. Every time I move, I sound like a hot water bottle being vigorously shaken, and I don't even want any tasty little treats because I'm too full of water. Oh, and I'm leaving my desk to use the bathroom every 20 to 30 minutes. "Are you okay?" someone asks, as I march through the office yet again. "Fine!" I reply in a clipped voice because I can't concentrate on anything other than getting to the bathroom. There's no time to chat. Drinking water is now my full-time job. This goes on for three days.

[https://www.vogue.com/article/i-drank-25-liters-of-water-a-day-for-a-week?utm\\_source=pocket-newtab-en-us](https://www.vogue.com/article/i-drank-25-liters-of-water-a-day-for-a-week?utm_source=pocket-newtab-en-us)

**Extract:** <https://grubfeed.com/secrets-about-pepsi-that-will-astonish-you/>

Pepsi's single-use plastic packaging has been wreaking havoc on the environment, particularly in the Buffalo River watershed. The [New York Attorney General](#) has filed a historic lawsuit against PepsiCo for its significant contribution to plastic pollution, which is contaminating drinking water and harming wildlife. Despite Pepsi's claims of promoting recycling, the company's use of virgin plastic has actually increased by a staggering 11% in 2022.

The lawsuit alleges that PepsiCo has not only misled the public about its recycling efforts but also failed to warn consumers about the risks associated with its packaging. The plastic pollution from Pepsi's products poses wide-ranging threats, from the bioaccumulation of microplastics in the food web to adverse effects on various freshwater species. It's a damning indictment of Pepsi's environmental record and a wake-up call for consumers who care about the planet.

The Attorney General is seeking to compel PepsiCo to cease contributing to this public nuisance, remediate the contamination, and implement measures to reduce the quantity of its plastic packaging entering the Buffalo River. It's a bold move that could set a precedent for holding corporations accountable for their environmental impact. As consumers, we have the power to demand change by voting with our wallets and supporting brands that prioritize sustainability over profits.

~~~~~In 2018, a study found that Pepsi was the second-largest advertiser of junk food to children, spending \$28 million on such ads in a single year. Critics argue that this kind of marketing contributes to the ongoing childhood obesity epidemic and undermines public health efforts to promote healthy eating habits.

~~~~~  
**Hawwih (thank you) for defending this sacred site and Native treaty rights.  
Judith LeBlanc (Caddo) [info@nativeorganizing.org](mailto:info@nativeorganizing.org)**

Since time immemorial, Tribes have used the sacred area around and within what's now known as Pipestone National Monument in present-day Minnesota. **Members of all federally recognized Tribes can and do use the land for sacred ceremonies, including making ceremonial pipes from the sacred red pipestone which can only be found here.**

The Pipestone National Monument is on the Yankton Sioux Tribe's ancestral homelands, and their inherent and legal rights were affirmed in an 1858 treaty with the U.S. government in reserving "free and unrestricted use of the red pipestone quarry."

**In violation of this treaty, the Magellan Corporation is planning to reroute a fossil fuel pipeline that would threaten these sacred lands and waters.** All of the pipeline's proposed route options are within or adjacent to the Yankton Sioux Tribe's 1858 Treaty Lands.

We submitted thousands of public comments lifting up the Tribe's opposition to this project. **Unfortunately, in an insufficient environmental review and approval process that failed to consult with impacted Tribes and necessary federal agencies, the Minnesota Public Utilities Commission recently approved the project. Now we only have until Tuesday, November 12 to request an appeal of this decision.**



### **Canada sees ‘opportunity’ in these mines. Alaskans see a threat.**

Indigenous people, environmentalists and lawmakers of both parties fear more mining in British Columbia’s Golden Triangle could pollute Alaska’s waterways.

Read in The Washington Post: <https://apple.news/AwWeZGz8YRImqV1bA4Zx-OQ>

### **ADEQ publishes draft rules for filtering sewage water into drinking water**

“The Arizona Department of Environmental Quality published draft rules Monday for utilities and cities to filter sewage water into drinking water. ADEQ Deputy Director Randall Matas says the technology has gotten to the point where that water is more pure than treated ground or [surface water](#). But a survey found that about 25% of people were somewhat or not at all likely to drink water from the so-called “advanced water purification” process. ... ” [Read more from KJZZ](#).

Arizona soliciting P3 partners for state water augmentation projects

“The Arizona Water Infrastructure Finance Authority (WIFA) has initiated a flexible, multi-phase pathway to securing new, long-term sources of water for the state. WIFA officials will use a competitive process supported by Arizona’s Long-term Water Augmentation Fund (LTWAF) to identify, vet, and select partners and projects that will provide Arizona with new sources of water. The competitive project development approach will be a multi-phase process consistent with the State’s established procurement rules and with legislation defining WIFA’s roles and authorities. ... ” [Read more from Water Finance & Management](#).

### **Think like a watershed: Interdisciplinary thinkers look to tackle dust-on-snow**

“I must admit that when I was invited to attend a symposium in Cortez, Colorado, focused on dust on snow, I was a bit hesitant to accept. *Six hours of talking about dust and snow?* I thought. *How is that even possible?* I found that it’s not only possible, but that six hours of dusty snow talk can be downright compelling and super informative, even for someone who has been steeped in the topic for years. The Nexus of Land and Water symposium, hosted by the Wright-Ingraham Institute and Mountain Studies Institute was the culmination of six months of work by 21 researchers, including scientists, artists, water professionals and community leaders. While the science of dust-on-snow was covered, the main focus was on possible solutions to the vexing problem that has serious implications for Southwestern water supplies. That’s because, as the Mountain Studies Institute’s Jake Kurzweil put it, “This is not an issue that will be solved by science ... it will be solved by communities.” ... ” [Read more from The Land Desk](#).

### **Community Agriculture Alliance: Natural curtailment in the Colorado River Basin**

“The Colorado River Basin is in the midst of a 23-year drought. Reduced precipitation, mostly in the form of snow in the western mountains, has caused water administrators at the federal, state and local level to seek ways to cut back usage. But many of us in the high country do not need water managers to tell us to reduce usage. Mother nature kindly, or unkindly, does that for us. With limited storage at higher elevations, snowpack is the source for virtually all water on the West Slope. As the Basin experiences a steady decline in precipitation, West Slope water users,

especially irrigators, find that in many years, they are subject to “natural curtailment.” Less snowpack means less water. Snowpack is a shared resource in the Mountain West. The water from snowmelt that feeds the West Slope also feeds the Colorado River. The Colorado serves Lake Powell and then Lake Mead, and ultimately consumers in the Lower Basin (Arizona, California and Nevada). ... ” [Read more from the Steamboat Pilot & Today.](#)

---



**Friday, November 15, 2024**

Join us in person!

[Register Here](#)

Looking to make a career change, but not sure which path to take? Fresh Start's Career Jumpstart is the event for you!

Join us in Phoenix on Friday, November 15th to discover new high-growth, high-wage career fields that you may have never envisioned for yourself! Together, we'll learn more about these exciting opportunities and how you can get started on the path to your next career.

This event will feature:

- **Keynote Speaker:** Gain insight on apprenticeships and the exciting opportunities available for women in non-traditional careers
  - **“Hear It from Her” Panel:** Learn from a panel of women thriving in technology, trades, and other roles as they share more about their journey to success, providing you with a real-life perspective on what it’s like to work in today’s top industries
  - **Career Fair:** Connect with a wide range of employers who are eager to discover new talent to discuss job opportunities and how to get started
- 

### **Gender-based Violence & Harassment Intervention for the Construction Trades**

Join the Washington State Construction Center of Excellence and the Office of Federal Contract Compliance Programs for a discussion with the Women’s Bureau and ANEW on preventing Gender-Based Violence and Harassment (GBVH) in the Washington State construction industry. Participants will be introduced to the Women’s Bureau, learn more about GBVH and how it shows up in workplaces, the impact of GBVA in the construction industry, and how we can move forward together to build safe and inclusive workplaces.

**Free Webinar**

**Date: Monday, November 18, 2024, 1:30 PM - 2:15 PM PT**

**Registration Link: [GBVH Intervention](#)**

## The Lifecycle of a Tradeswoman

Free Webinar (from apprenticeship to contractor)

Date: Thursday, November 21, 2024, 3:00 PM - 4:30 PM PT

Registration Link: [Lifecycle of a Tradeswoman Registration](#)

---

## Best Practices to Connect Military Spouses and Veterans with Good Jobs


Join the Department of Labor and Hampton Roads Workforce Council (HRWC) for a discussion about what works to connect the military community with great employment options.

- HRWC guides 16,000 members of the military community each year as they navigate their next career moves – including high wage jobs, entrepreneurship, training, apprenticeship, education and supportive services.
- Learn what strategies they use to build employer commitments and strong partnerships that lead to good job offers, expert business advice, and supportive services for Military Spouses, Women Veterans, Veterans with Disabilities, and others in the military community.

Free Webinar

Date: Friday, November 22, 2024, 9:00 AM - 10:00 AM PT

Registration Link: [Connecting Military Families to Good Jobs Registration](#)



The Washington State Construction Center of Excellence and the U.S. Department of Labor invites you to join the

### OFCCP Construction Basics Series

**Gender-based Violence & Harassment Intervention for the Construction Trades**  
Monday, November 18, 2024, 1:30 - 2:15 p.m. PT

**Veterans' Workplace Protections**  
Monday, January 20, 2025 1:30 - 2:15 p.m. PT

**Roundtable Discussion on Contractor's Training Needs**  
Monday, February 17, 2025, 1:30 - 2:15 p.m. PT

**Economic Statistics in Construction Trades Workforce**  
Monday, March 17, 2025, 1:30 - 2:15 p.m. PT

**Protecting Your Workplace Rights**  
Monday, April 21, 2025, 1:30 - 2:15 p.m. PT

**Construction Compliance Check**  
Monday, May 19 2025, 1:30 - 2:15 p.m. PT

**Questions or Accommodations?**  
cce@rtc.edu or  
OFCCP-PA-Outreach@dol.gov

SCAN ME

All sessions are recorded and available on YouTube: Construction COE